



**Your phone number will be used exclusively to send you messages you have opted to receive based on your consent. I do not sell or share your personal information with third parties.**

### **Privacy Policy**

Effective Date: This Privacy Policy is effective as of the date of publication.

### **Introduction**

This Privacy Policy describes how we collect, use, and protect your personal information in connection with massage therapy and wellness services.

### **Information We Collect**

We may collect personal information including your name, phone number, email address, appointment details, health intake information, treatment notes, and payment-related information.

### **Health Information & Confidentiality**

Any health information you share with us is used solely to provide safe, appropriate, and effective massage therapy services. This information is kept confidential and is not shared without your written consent, except as required by law.

### **How We Use Your Information**

Schedule and manage appointments, Provide massage therapy and wellness services, Communicate regarding sessions, policies, or updates, Process payments, Maintain required professional records.

### **Information Sharing**

We do not sell, rent, or trade your personal information. Information may only be shared with trusted service providers (such as scheduling or payment processors) or when legally required.

### **Data Security**

We take reasonable and appropriate measures to protect your personal information from unauthorized access, disclosure, or misuse.

### **Your Rights**

You may request access to, correction of, or deletion of your personal information, subject to applicable laws and professional record-keeping requirements.

### **Changes to This Policy**

This Privacy Policy may be updated periodically. Any changes will be reflected by an updated effective date.

### **Contact Information**

If you have questions or concerns regarding this Privacy Policy, please contact us directly: [info@bodyworkbyamy.com](mailto:info@bodyworkbyamy.com) or 919-289-1755. [www.bodyworkbyamy.com](http://www.bodyworkbyamy.com)